

**2007 Eastern Zone SuperSectional**  
**Order of Events/Qualifying Times**  
**July 19-22, 2007 -- St Mary's, Maryland**  
(includes both Regions 1 and 2 in a "Super Sectional")

**Thursday**  
**Day 1 Prelim**

Event	LCM QT	SCY QT	SCM QT
W 200 IM	<b>02:28.89</b>	02:08.89	<b>02:31.69</b>
M 200 IM	<b>02:17.19</b>	<b>01:57.49</b>	<b>02:19.99</b>
W 100 Free	<b>01:01.39</b>	00:53.79	<b>01:02.79</b>
M 100 Free	<b>00:55.99</b>	<b>00:47.89</b>	<b>00:57.39</b>
W 100 Breast	<b>01:18.69</b>	01:07.49	<b>01:20.09</b>
M 100 Breast	<b>01:12.69</b>	<b>01:00.79</b>	<b>01:14.09</b>
W 1500 Free	<b>18:05.69</b>	17:49.19	<b>18:26.69</b>
M 800 Free	09:00.39	09:51.09	<b>09:11.59</b>

**Saturday**  
**Day 3 Prelim**

Event	LCM QT	SCY QT	SCM QT
W 200 Fly	<b>02:27.89</b>	<b>02:09.69</b>	<b>02:30.69</b>
M 200 Fly	<b>02:16.89</b>	02:01.39	<b>02:19.69</b>
W 100 Back	<b>01:09.19</b>	<b>00:59.69</b>	<b>01:10.59</b>
M 100 Back	<b>01:03.79</b>	<b>00:53.99</b>	<b>01:05.19</b>
W 400 Free	<b>04:34.89</b>	05:03.69	<b>04:40.49</b>
M 400 Free	04:18.59	04:44.29	<b>04:24.19</b>
W 800 Free Rel	<b>09:06.19</b>	<b>07:57.59</b>	<b>09:17.39</b>
M 800 Free Rel	<b>08:26.19</b>	<b>07:13.39</b>	<b>08:37.39</b>

**Friday**  
**Day 2 Prelim**

Event	LCM QT	SCY QT	SCM QT
W 200 Free	<b>02:11.29</b>	<b>01:54.79</b>	<b>02:14.09</b>
M 200 Free	02:01.69	01:44.19	<b>02:04.49</b>
W 100 Fly	<b>01:07.69</b>	00:58.89	<b>01:09.09</b>
M 100 Fly	<b>01:00.99</b>	<b>00:52.69</b>	<b>01:02.39</b>
W 400 IM	<b>05:14.89</b>	<b>04:35.49</b>	<b>05:20.29</b>
M 400 IM	<b>04:54.59</b>	04:14.79	<b>05:00.19</b>
W 400 Free Rel	<b>04:15.39</b>	<b>03:43.79</b>	<b>04:20.99</b>
M 400 Free Rel	<b>03:52.99</b>	<b>03:19.29</b>	<b>03:58.59</b>

**Sunday**  
**Day 4 Prelim**

Event	LCM QT	SCY QT	SCM QT
W 200 Back	<b>02:28.29</b>	<b>02:08.69</b>	<b>02:31.09</b>
M 200 Back	<b>02:16.89</b>	01:57.79	<b>02:19.69</b>
W 50 Free	<b>00:28.49</b>	<b>00:24.99</b>	<b>00:29.19</b>
M 50 Free	<b>00:25.49</b>	00:22.29	<b>00:26.19</b>
W 200 Breast	<b>02:48.99</b>	02:25.59	<b>02:51.79</b>
M 200 Breast	02:38.99	02:13.29	<b>02:41.79</b>
W 400 MedRel	<b>04:47.99</b>	<b>04:09.49</b>	<b>04:53.59</b>
M 400 MedRel	<b>04:23.59</b>	<b>03:43.89</b>	<b>04:29.19</b>
W 800 Free	09:29.49	10:27.99	<b>09:40.69</b>
M 1500 Free	<b>17:23.89</b>	16:49.09	<b>17:35.09</b>

Qualifying Period: January 1, 2006 through entry deadline for this meet.

Notes:

**(1) Reflects revised Order of Events approved by Zone -- September, 2006**

**(2) Times highlighted in BOLD RED have been changed from 2006 based on guidance provided by Eastern Zone -- September, 2006**

(3) Relay swimmers only are permitted.

(4) All entered relays must have bettered the event qualifying time, 2 relays max per team.

(5) At least ONE (1) swimmer on each relay entered must enter and compete in an individual event.

(6) There will be NO Bonus events.

(7) There will be NO TIME TRIALS for relay only swimmers.

(8) The fastest two heats of relays will be swum in finals

(9) Fastest heat of 800 and 1500 Freestyle will be swum in finals.